

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.healthoptions.org or call (855) 624-6463. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call (855) 624-6463 (TTY/TDD:711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	Preferred In-Network- \$4,000/individual or \$8,000/family Standard In-Network:\$4,800/individual or \$9,600/family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive Care (as defined in your Member Benefit Agreement) and most services that require a copayment .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ . Refer to your Member Benefit Agreement for more information.
Are there other deductibles for specific services?	No.	None.
What is the out-of-pocket limit for this plan ?	Preferred In-Network- \$7,500/individual or \$15,000/family Standard In-Network-\$9,000/individual or \$18,000/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums, balance billing charges (charges above the allowed amount), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.healthoptions.org or call 1-855-624-6463 for a list of network providers .	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.

Do you need a [referral](#) to see a [specialist](#)?

Yes.

This [plan](#) will pay some or all of the costs to see a [specialist](#) for covered services but only if you have a [referral](#) before you see the [specialist](#).



All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Preferred Network Provider (You will pay the least)	Standard Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 Copay	\$45 Copay	Not Covered	The first visit to your Network PCP is free. This plan requires all Members to select a PCP that is a Plan Provider.
	Specialist visit	\$50 Copay	\$60 Copay	Not Covered	Depending on the services provided in a single appointment it is possible you may be financially responsible for copay(s), your deductible, and or coinsurance for one date of service.
	Preventive care/screening/immunization	\$0 Copay		Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Lab: \$25 Copay X-Ray- Freestanding Radiology Center: \$75 Copay All other X-Ray services: 20% Coinsurance after Deductible	Lab:40% Coinsurance after Deductible X-Ray: 40% Coinsurance after Deductible	Not Covered	Differences in Network are limited to Outpatient settings. Freestanding refers to locations that are not within a hospital or considered an outpatient hospital place of service. Differences in Network are limited to Outpatient settings.

* For more information about limitations and exceptions, see the plan or policy document at HealthOptions.org

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Preferred Network Provider (You will pay the least)	Standard Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	
	Imaging (CT/PET scans, MRIs)	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Not Covered	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.healthoptions.org/Farmacy	Preferred generic drugs (Tier 1)	\$5 Copay (retail) and \$10 Copay (mail order)		Not Covered	Refer to the Member Benefit Agreement for details on our mail-order program.
	Generic drugs (Tier 2)	\$25 Copay (retail) and \$50 Copay (mail order)		Not Covered	
	Preferred brand drugs (Tier 3)	\$50 Copay (retail) and \$100 Copay (mail order)		Not Covered	
	Non-preferred brand drugs (Tier 4)	30% Coinsurance up to max of \$300/script Deductible does not apply (retail) and 30% Coinsurance up to a max of \$600/script Deductible does not apply (mail order)		Not Covered	
	Specialty drugs (Tier 5)	30% Coinsurance up to max of \$500/script Deductible does not apply (retail and mail order)		Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Not Covered	None.
	Physician/surgeon fees	20% Coinsurance after Deductible		Not Covered	None.

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Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information	
		Preferred Network Provider (You will pay the least)	Standard Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)		
If you need immediate medical attention	Emergency room care	\$350 Copay			None.	
	Emergency medical transportation	20% Coinsurance after Deductible			None.	
	Urgent care	\$40 Copay	\$60 Copay	Not Covered		
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance after Deductible		Not Covered	None.	
	Physician/surgeon fees	20% Coinsurance after Deductible		Not Covered	None.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 Copay			Not Covered	Cost-sharing is waived for the first 3 outpatient MH/BH/SA office visits with a plan provider.
	Inpatient services	20% Coinsurance after Deductible		Not Covered	None.	
If you are pregnant	Office visits	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Not Covered	Differences in Network are limited to services provided by a Preferred provider. Cost sharing does not apply for preventive services .	
	Childbirth/delivery professional services	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Not Covered		
	Childbirth/delivery facility services	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Not Covered		
If you need help recovering or have other	Home health care	20% Coinsurance after Deductible		Not Covered	None.	
	Rehabilitation services	\$50 Copay	\$60 Copay	Not Covered		

* For more information about limitations and exceptions, see the plan or policy document at HealthOptions.org

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Preferred Network Provider (You will pay the least)	Standard Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	
special health needs	Habilitation services	\$50 Copay	\$60 Copay	Not Covered	Differences in Network are limited to office-based therapies delivered by a Preferred provider. PT/OT/ST Benefits are limited to 60 total combined visits per year.
	Skilled nursing center	20% Coinsurance after Deductible		Not Covered	Benefit is limited to 150 days per Member per Calendar Year.
	Durable medical equipment	20% Coinsurance after Deductible		Not Covered	Refer to the Member Benefit Agreement, Durable Medical Equipment section for details.
	Hospice services	20% Coinsurance after Deductible		Not Covered	Limited to One 48-hour Respite period, once per lifetime.
If your child needs dental or eye care	Children's eye exam	\$50 Copay		Not Covered	Preventive vision screening for all children as specified by the Affordable Care Act is provided with no cost-sharing when received in-network and is limited to one visit per Calendar year. Pediatric eye exams that are not covered under federal guidance as "preventive" are subject to cost-sharing.
	Children's glasses	20% Coinsurance after Deductible		Not Covered	Eyewear includes standard (CR39) eyeglass lenses with factory scratch coating at no additional cost (up to 55mm), basic frames and contact lenses. Designer and deluxe glasses and frames are excluded.
	Children's dental check-up	Not Covered			None.

* For more information about limitations and exceptions, see the plan or policy document at HealthOptions.org

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)		
• Cosmetic Surgery	• Long-term care	• Weight loss programs
• Covered non-Emergency services provided outside the U.S.	• Private-duty nursing	
• Dental care (Adult)	• Routine foot care	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Acupuncture	• Chiropractic care	• Infertility Treatment
• Abortion for which public funding is prohibited	• Covered Emergency services provided outside the U.S	• Routine eye care (Adult)
• Bariatric Surgery	• Hearing aids	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Health Options at 1-855-624-6463. You may also contact the Maine Bureau of Insurance at 800-300-5000 or (in-state) 207-624-8475. You may also visit www.maine.gov/pfr/insurance. Other coverage options may be available to you too, including buying individual insurance coverage through the Maine Marketplace. For more information about the Maine Marketplace, visit www.CoverMe.gov or call 1-866-636-0355 TTY: 711.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Health Options at 1-855-624-6463. You may also contact the Maine Bureau of Insurance at 800-300-5000 or (in-state) 207-624-8475. You may also visit www.maine.gov/pfr/insurance.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the Maine Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the Maine Marketplace.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*—————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$4,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,687
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$4,000
Copayments	\$26
Coinsurance	\$1,684
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Peg would pay is	\$567

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$4,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$23
Copayments	\$544
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Joe would pay is	\$567

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$4,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic tests](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$1,732
Copayments	\$705
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$2,437

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.