

## HEDIS Measures: Healthcare Effectiveness Data and Information Set

Health Options strives to achieve a high rating for our HEDIS measures because they are an integral part of our accreditation, and Qualified Health Plan (QHP) rating. We will be sending letters to providers when we identify gaps of care or to provide education regarding the measures. Listed below are the HEDIS measures that we are focusing on. We will also be requesting medical records for HEDIS early each year to assist with obtaining data.

Measure	Description
<b>Adolescent Immunization by age 13 (IMA)</b>	Adolescents 13 years of age who had one dose of meningococcal vaccine, one tetanus, diphtheria toxoids and acellular pertussis (Tdap) vaccine, and have completed the human papillomavirus (HPV) vaccine series by their 13th birthday. The measure calculates a rate for each vaccine and two combination rates.
<b>Annual Dental Visit (ADV)</b>	Members 2-21 years of age who had at least one dental visit during the measurement year.
<b>Annual Monitoring for Persons on Long Term Opioids (AMO)</b>	Members 18 years and older who are prescribed long-term opioid therapy and have not received a drug test at least once during the measurement year.
<b>Antidepressant Medication Management - Effective Acute &amp; Continuation Phase Treatment (AMM)</b>	<ul style="list-style-type: none"> <li>• Acute: Members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment for at least 84 days (12 weeks).</li> <li>• Continuation: Members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment for at least 180 days (6 Months).</li> </ul>
<b>Appropriate Testing for Pharyngitis (CWP)</b>	Members 3 years and older where the Member was diagnosed with pharyngitis, dispensed an antibiotic, and received a group A streptococcus (strep) test for the episode.
<b>Appropriate Treatment for Upper Respiratory Infection (URI)</b>	Members 3 months of age and older with a diagnosis of upper respiratory infection (URI) that did not result in an antibiotic dispensing event.
<b>Asthma Medication Ratio (AMR)</b>	Members 5–64 years of age who were identified as having persistent asthma and had a ratio of controller medications to total asthma medications of 0.50 or greater during the measurement year
<b>Avoidance of Antibiotic for Acute Bronchitis (AAB)</b>	Members 3 months of age and older with a diagnosis of acute bronchitis/ bronchiolitis that did not result in an antibiotic dispensing event
<b>Breast Cancer Screening (BCS)</b>	Women 50–74 years of age who had a mammogram to screen for breast cancer.

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<b>Cervical Cancer Screening (CCS)</b>	Women 21–64 years of age who had cervical cytology performed in the last 3 years. Women 30–64 years of age who had cervical cytology/HPV co-testing performed in the last 5 years.
<b>Childhood Immunization age 2 (CIS)</b>	Children 2 years of age who are up to date with the immunizations by their second birthday.
<b>Kidney Health Evaluation for Patients with Diabetes (KED)</b>	Members 18–85 years of age with diabetes (type 1 and type 2) who received a kidney health evaluation, defined by an estimated glomerular filtration rate (eGFR) and a urine albumin creatinine ratio (uACR), during the measurement year.
<b>Plan All Cause Re-Admissions (PCR)</b>	Members 18–64 years of age, the number of acute inpatient and observation stays during the measurement year that were followed by an unplanned acute Readmission for any diagnosis within 30 days.
<b>International Normalized Ratio Monitoring for Individuals on Warfarin (INR)</b>	Members 18 years of age and older who had at least one 56-day interval of warfarin therapy and who received at least one international normalized ratio (INR) monitoring test during each 56-day interval with active warfarin therapy.
<b>Chlamydia Screening in Women (CHL)</b>	Women 16–24 years of age who were identified as sexually active and who had at least one test for chlamydia during the measurement year.
<b>Colorectal Cancer Screening (COL)</b>	Members 45–75 years of age who had appropriate screening for colorectal cancer.
<b>Eye Exam for Patients With Diabetes (EED)</b>	Members 18–75 years of age with diabetes (types 1 and 2) who had a retinal eye exam by an optometrist or ophthalmologist in the measurement year or a negative exam the prior year.
<b>Hemoglobin A1c Control for Patients with Diabetes (HBD)</b>	Members 18 - 75 years of age with diabetes (type 1 and type 2) whose most recent HbA1c level is <8.0% during the measurement year.
<b>Controlling High Blood Pressure (CBP)</b>	Members 18–85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled (<140/90 mm Hg) during the measurement year.
<b>Follow-up After Hospitalization for Mental Illness: 7-day and 30-day follow-up (FUH)</b>	Members 6 & older hospitalized for treatment of selected mental health or intentional self-harm diagnosis who have a follow-up appt. with a mental health practitioner on or within 7 days of discharge. Separate rate reported for within 30 days of discharge.

Measure	Description
<b>Initial and Engagement of Substance Use Disorder Treatment (IET)</b>	<p>New substance use disorder (SUD) episode that result in treatment initiation and engagement.</p> <p>Two rates are reported:</p> <ul style="list-style-type: none"> <li>• Initiation of SUD Treatment. The percentage of new SUD episodes that result in treatment initiation through an inpatient SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth visits or medication treatment within 14 days.</li> <li>• Engagement of SUD Treatment. The percentage of new SUD episodes that have evidence of treatment engagement within 34 days of initiation.</li> </ul>
<b>Weight Assessment &amp; Counseling for Nutrition &amp; Physical Activity for Children and Adolescents (WCC)</b>	<p>Members 3-17 years of age who had an outpatient visit with PCP or OBGYN and had evidence of the following: BMI documented, Counseling for nutrition &amp; physical activity.</p>
<b>Well-Child Visits in the First 15 months and 30 months of Life (W30)</b>	<p>Well-Child Visits in the First 15 Months. Children who turned 15 months old during the measurement year: Six or more well-child visits.</p> <p>Well-Child Visits for Age 15 Months–30 Months. Children who turned 30 months old during the measurement year: Two or more well-child visits.</p>
<b>Child &amp; Adolescent Well- Care Visit (WCV)</b>	<p>Members 3–21 years of age who had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner during the measurement year.</p>
<b>Prenatal &amp; Postpartum Care (PPC)</b>	<ul style="list-style-type: none"> <li>• Prenatal Care. Deliveries that received a prenatal care visit in the first trimester</li> <li>• Postpartum Care: Deleveries that had a postpartum visit on or between 7 and 84 days after delivery.</li> </ul>
<b>Use of Imaging for Low Back Pain (LBP)</b>	<p>Members age 18–75 years of age with a principal diagnosis of low back pain who did not have an imaging study (plain X-ray, MRI, CT scan) within 28 days of the diagnosis.</p>

Updated 6/16/2023