
Happy Spring!

In this bulletin, we'll share important information about prescription programs available to your patients, provide details about Community Health Options' new offices, and provide policy updates.

[Express Scripts Pharmacy Benefit Offers Seamless GoodRx Savings](#)

As rising prices continue to squeeze household budgets, about 30 percent of Americans recently surveyed said prescription drug costs have led them to skip or cut doses for prescribed medications—or substitute an over-the-counter drug without telling their doctor—according to the Kaiser Family Foundation.

Community Health Options may be able to ease some of that financial pressure for your patients through [Price Assure](#), offered through our pharmacy benefit manager, Express Scripts®, which helps Members reap any potential savings on generic medications when they fill prescriptions at an in-network retail pharmacy that accepts GoodRx. Through Price Assure, Express Scripts collaborates with GoodRx by integrating the prescription discount company's pricing into its pharmacy benefits.

Members benefit from available savings on generic medications automatically when they take their prescriptions to in-network pharmacies that also accept GoodRx. So, when GoodRx offers a better price than Express Scripts, that's what Members pay. And because Members are using their pharmacy card, the prescription automatically processes the savings, while applying the cost to the Member's deductible, accumulator and out-of-pocket costs—without having to sign up for a separate GoodRx* card.

To find an in-network pharmacy, Members can go to the Medications tab of their [Member Portal](#) dashboard on the [Community Health Options website](#). Members should check with their local pharmacies to confirm they accept GoodRx. If you or our Members have any questions about the Price Assure program, please call (855) 624-6463.

**While Price Assure provides access to discounted pricing on some generic medications, Members could see lower prices listed on GoodRx's website and app for those who sign up for GoodRx's discount programs. However, those using a GoodRx card outside of the pharmacy plan should be aware they'll miss medication safety checks and will need to submit a prescription reimbursement form to have the expense applied to their accumulators.*

[Community Health Options Launches Prescription Sync Program](#)

People who take multiple medications for chronic conditions can sometimes feel as if they're always traveling to the pharmacy to pick up meds. Through its new Sync Program, Community Health Options reaches out to Members with three or more prescriptions and arranges for a three-month supply of all their medications to be available at their local pharmacy at the same time. For information, call our Maine-based Provider services team at (855) 624-6463.

Community Health Options is On the Move

Community Health Options recently leased meeting space at Pineland Farms in New Gloucester and is finalizing plans for a new office in Lewiston after moving out of its Bates Mill location in downtown Lewiston.

After COVID-19 and many months of remote work, Community Health Options employees realized that hybrid work arrangements led to work satisfaction and strong performance on behalf of our Members, along with enabling the company to recruit a wider range of talent. Our new office space reflects this hybrid work style with collaboration space for team meetings at Pineland, along with a limited number of work stations in Lewiston.

Our mailing address remains the same: P.O. Box 1121, Lewiston, ME 04243.

Community Health Options and National Fitness Campaign Offering \$500,000 in Grants

Community Health Options and National Fitness Campaign (NFC) have extended their partnership through 2023, offering \$500,000 in grants to support communities across Maine in bringing community wellness programs and the chance for free outdoor workouts through Fitness Courts® across the state. Municipalities, schools or other organizations with publicly accessible land can apply to join the program.

So far, the partnership with NFC has drawn six public-private investment partners, resulting in more than \$400,000 in funding that helped build two Fitness Courts—in the City of Lewiston and Town of Hampden.

For more information on how to qualify for funding for your town, [please visit our NFC website.](#)

Modifier Policy (update)

The Modifier Reference Guide Policy was updated in March to include the following:

- *LOCUM Q5 and Q6
- *PT Colorectal screening
- *Distinct Modifier section for 59 and X{EPSU} modifiers

Medical Benefit Management Update

Newly Added Medications Requiring Prior Approval Through Medical Benefit

Medications that are subject to voluntary Site of Care transition are denoted with an asterisk ().*

BRAND NAME	Generic Name
CIMERLI	<i>ranibizumab-eqrn</i>
FYLNETRA	<i>pegfilgrastin-pbbk</i>

ILUVIEN	<i>fluocinolone acetonide, intravitreal implant</i>
PEDMARK	<i>sodium thiosulfate</i>
RETISERT	<i>fluocinolone acetonide, intravitreal implant</i>
ROLVEDON	<i>eflapergrastim-xnst</i>
SPEVIGO	<i>spesolimab-sbzo</i>
STIMUFEND	<i>pegfilgrastin-fpgk</i>
VEGZELMA	<i>bevacizumab-adcd</i>
XENPOZYME	<i>olipudase alfa-rpcp</i>

Non-Covered Medications

BRAND NAME	Generic Name
MAKENA	<i>hydroxyprogesterone caproate</i>

Covis Pharma Group, manufacturer of Makena, announced withdrawal from the market after failing to meet clinical end points in confirmatory clinical trial.

Medications Removed from Prior Approval Requirement

BRAND NAME	Generic Name
ALIMTA	<i>pemetrexed</i>

Pharmacy Benefit Management Updates:

Medications Added to Exclusion List Through Pharmacy Benefit

BRAND NAME	Generic Name
CABENUVA	<i>cabotegravir and rilpivirine</i>

An exception for coverage request may be submitted directly to Express Scripts.

Multi-Source Brand Exclusions, Effective July 1, 2023

BRAND NAME	Generic Name
APTENSIO XR	GILENYA

Excluded Medication Additions, Effective July 1, 2023

Drug Class	Excluded Medications	Preferred Alternatives
Cataplexy Treatment	XYREM	SODIUM OXYBATE, XYWAV
Central Nervous System Stimulants	METHYLPHENIDATE ER 45 MG & 63 MG* METHYLPHENIDATE ER 72 MG, RELEXXI ER 45 MG & 63 MG*, RELEXXI ER 72 MG	<i>dexmethylphenidate er,</i> <i>dextroamphetamine sulfate er,</i> <i>dextroamphetamine-amphetamine er,</i> <i>methylphenidate cd,</i> <i>methylphenidate er,</i> <i>methylphenidate la,</i> DYANAVEL XR, MYDAYIS, QUILLICHEW ER, QUILLIVANT XR, VYVANSE
Metabolic Agents	RAVICTI	sodium phenylbutyrate, PHEBURANE
Ophthalmic Agents – Vascular Endothelial Growth Inhibitors	LUCENTIS	BYOOVIZ, CIMERLI
Pulmonary Anti-Inflammatory Inhalers	ALVESCO, ARMONAIR DIGIHALER*, FLOVENT DISKUS~, FLOVENT HFA~, FLUTICASONE PROPIONATE HFA*, PULMICORT FLEXHALER*	ARNUITY ELLIPTA, ASMANEX HFA ASMANEX TWISTHALER, QVAR REDIHALER

* Current 2023 exclusion

~ Exclusion impacts new starts only.